

Class One - Whatever It Is, You Can Get It Reclaiming The Power Of Your Mind

Here we are as adults, paying thousands of dollars, taking days off work or away from home, just to learn how to use our imagination again. But we have to. We have to all get to a place of being able to access that phenomenal power because everything made by man that you see is nothing but the physical manifestation of somebody's imagination.

We communicate telepathically with anyone, anywhere in the world, and we're doing it all the time. We just don't know what we're doing. Why? Because nobody taught us what we're doing, and so we grow up ignorant.

So here we've got human beings, with marvelous minds, and they're struggling, thinking they are stuck with the conditions or circumstances they're surrounded by. I'd like to do it but I can't because... Whatever follows "because" is the circumstance, and they become subservient to the circumstance. The circumstance becomes their version of God... and they do what their perception of the circumstance dictates. They don't even try to come up with a better way.

You're here to learn how to create multiple sources of income so that you can have financial freedom. Now I know you may be thinking, *Oh, I couldn't do that. Why couldn't you do that? Because I've never done that.* Can you imagine if you didn't learn to do things that you'd never done? You'd still be lying in your crib, playing with your toes.

Whatever "it" is, you *can* do it. You simply have to learn *how*.

You'll find people competing with people. There's somebody they don't even like and they're competing. "I'm going to beat her!" What for? Why would you spend any time thinking of her? She's not even a nice person. Why would you spend *any* time thinking about that person? And if you're going to think about her, just see the good qualities in her. Because if you don't, you're putting yourself in a bad vibration.

Why would we let another person's presence, a person we don't even *know*, intimidate us? Why would we feel like we are less than he or she is? Why would we shrink mentally? We have to be trained to do that. We weren't born with that.

We have the ability to *think*. So let's start thinking of what we really *want* to do. Let's get rid of the idea of what we have to do. You don't *have to do* anything. You'll say, "Well, you have to breathe." No, you could put a plastic bag over your head and finish it. You could. "Well, you *have* to pay taxes." No, you don't. You could go to jail or go to a tax-free zone. You don't have to do anything.

You know what we've got to get straight in our head? We *choose* to do *everything* we do.

We choose to do everything that we do. We've got to take responsibility for what we're doing. We've got to take responsibility for our life!

Here's the point: When you go to do something that you have never done, there are going to be all kinds of crazy things going on inside of you. There's going to be that little voice inside that talks to you and says, "Who do you think you are? You can't do that"

Nonsense. When you make a decision, you flip your brain onto a different frequency. You begin to attract whatever is on that frequency. Now if you understand this, it makes everything a little easier. It makes it a lot better. If you don't understand it, it becomes fairly difficult.

Class Two - Do Exactly What I Tell You To Do The Infallible Recipe For Success

Ray pulled a wad of cash out of his pocket and said, "This stuff can't talk but it can hear, and if you call it, it will come. How much do you want?"

So I decided I would do what he said, starting with reading the book he handed me, a book I'd never heard of, called *Think and Grow Rich* by Napoleon Hill.

Ray said to me, "I want you to study every day."

If you're managing people, don't let their behavior screw up your head. Don't let what they're getting cause you to think that's what they're capable of. Get them to believe what *you* believe. How do you get them to do that? Just get them to do some simple things. But get them to commit. Get them to do it every day. *Every day*. There's no trick to this. This has nothing to do with whether you're smart or not.

Class Three - You Need Only One Quality The Life-Changing Power Of Discipline

"You need only one quality to succeed. You must have discipline."

I had the idea that discipline was punishment.

The truth is, discipline is the ability to give yourself a command and then follow it. You will never develop anything of any consequence if you are not disciplined. If you are disciplined, you can have most anything you want. This is so basic, it's so simple and it's so misunderstood. Most people go through their entire life and never enjoy what they could enjoy because they lack discipline.

If you want to make any significant change in your life, you absolutely must command yourself to do what you know has to be done and then follow through. If you can do that, you'll get stronger and stronger. And then you'll be able to do what you want, instead of just what you think you can do.

Class Four - If You Can't Clean All Of Them, Don't Clean Any Of Them Shattering The Myth Of Hard Work

In the second chapter of my book *You Were Born Rich*, I tell people how to get out of debt. You set up an automatic debt repayment program, where a portion of your income automatically goes into an account. It's all looked after; it's all automatic; it's like an auto responder. It's an automatic way to pay debt so that you never have to think about debt. Then you start building the concept of prosperity in your mind.

You see, whatever you think about all the time, you will attract into your life. Now what you want—what you are emotionally involved with. Which is why if you have a goal of getting out of debt, you will probably stay in debt forever.

I read in a book, if one person won't lend it, go to another person, and another person, and pretty soon you'll get good at your presentation and somebody will lend you the money.

A quiet voice inside of me said, "If you can't clean all of them, don't clean any of them."

So I got all dressed up, and I got other people cleaning offices.

Class Five - The Problem Is Where You Are Moving Beyond Goal Setting

You have to look at where you are first and then where you're going, and then you have to get moving. Yet if that's all there is to it—and there really *is* nothing else to it—then why are people so stuck?

The obvious thing is that they don't know where they are going. In other words, they don't have a goal.

I used to think that was the problem, but I don't anymore. I believe that most people have a goal. They may not be very articulate when it comes to describing the goal, they may not have written it down so that anybody could understand it, but I think they've got some point they'd like to move toward.

So what does that leave? It leaves where you are.

Where are you mentally? Why would someone who knows all this great information continue to have a conflict, continue to be nonproductive, continue to be stuck?

The word “praxis” is the integration of belief with behavior. Our job is to help you take the ideas that you believe on a conscious level, and move them to your subjective mind. Move the old conditioned ideas out and move the new idea in.

See, paradigms are the problem. What is a paradigm? A paradigm is a multitude of habits—it’s the programming in the subjective mind.

Oh, I had fun every now and then—but fun and happiness are two different things. Fun is very short-lived and it’s very shallow. I think everybody has fun now and then. But happiness is something that runs very deep and it’s long lasting. I wasn’t a very happy person; I just didn’t know.

I shifted my paradigm in two way. One way was my personal involvement in something that had an emotional impact on me, and the other was through the constant, spaced repetition of an idea.

Class Six - Money Is A Magnifier How To Do What You Want To Do

I have a handheld record player that I used to drive around with, playing the same two records over and over and over again—Earl Nightingale’s recordings of *The Strangest Secret* and *Think and Grow Rich*. They became an inseparable part of me. They changed me at the cellular level. I literally became those messages.

I’ve met some of the most brilliant people in the world. I have studied with some absolute geniuses. And because I was so interested in what they were teaching, they were interested in teaching me.

I figured out what I had done to change my life. I didn’t have to study anyone’s personality to show them how to change. I just had to study mine. We are all the same. Some are male, some are female, but outside of the reproductive system, we’re all the same. You might think of age, race and cultural differences. The only difference there is in appearance and the truth is rarely in the appearance of things.

We are spiritual beings, living in a physical body. There is only one mind. Just one. We all have the same mental faculties. We all have different programming. We all have different genetic conditioning. We were all raised in different environments. But we all have the same facilities.

We are conditioned to live through our senses. We can hear, see, smell, taste and touch. We let the outside world control our mind.

We have been gifted with the higher mental faculties on intuition, perception, will, memory, reason and imagination. When we begin developing and effectively using these faculties, we can control our outside world and stop letting it control us.

Einstein was so right when he said, “The intuitive mind is a sacred gift and the rational mind is a faithful servant. We have created a society that honors the servant and has forgotten the gift.”

What we have to do is gain an understanding of how our programming took place, and how we can change it so that it stops controlling us and we start to control ourselves.

There exists a great unseen stream of *power*, which may be compared with a river, except that one side flows in one direction, carrying all who get into that side of the stream onward and upward to *wealth*—and the other side flows in the opposite direction, carrying all who are unfortunate enough to get into it (and not able to extricate themselves from it) downward to misery and *poverty*.

The positive emotions of thought form the side of the stream that carries one to fortune. The negative emotions form the side that carries one down to poverty.

If you are in the side of the stream of power that leads to poverty, this may serve as an oar by which you may propel yourself over into the other side of the stream. It can serve you *only* through application and use. Merely reading, and passing judgement on it one way or another, will in no way benefit you.

Poverty and riches often change places. Poverty may, and generally does, voluntarily take the place of riches. When riches takes the place of poverty, the change is usually brought about through well-conceived and carefully executed *plans*. Poverty needs no plan. It needs no one to aid it, because it is bold and ruthless. Riches are shy and timid. They have to be “attracted.”

But know this: Money is a magnifier. That’s all it is. Earning a lot of money doesn’t make you a better person; it makes you more of what you already are. If you’re not a nice person, you’ll become unbearable. If you are a nice person, you’ll become a nicer person. Money enables you to do more of what you love to do. That’s really what it’s for. Money does only two things: one, it is used to make you more comfortable, and the more comfortable you are, the more effective you become; and two, it enables you to extend the good you do far beyond your physical presence.

Where does money come from? From the infinite. Where does everything come from? Think about it. Money is just paper. Physical paper isn’t money. It *represents* money. Money is an idea. All the money in the universe is available to you. But you’ve got to attract it. It has to be earned. The only people who “make” money are in jail, in the Mint or on their way to jail. Everybody else earns it.

Class Seven - You Are The Sum Total Of Your Thoughts Energy, Awareness And The Real Key To Change

You don't attract what you want. Wants are intellectual in nature. Wants are in your conscious mind. You attract what you are in harmony with, what you *are*. And you *are* the sum total of your thoughts that become fixed in your subconscious mind. You've got to get the want and plant what you want in your heart of hearts. You've got to plant it deep in the universal subconscious mind. That will then dictate the vibration you are in, and you can only attract energy to you that's in harmonious vibration with you. Levels of vibration are called frequencies. Our mind and body function on frequencies. Just like your radio, it can only receive from the frequency it is operation on. You can only attract what you are in harmony with.

Now, you ask, how do you change that?

You change it through awareness.

You must develop the awareness.

The results you're getting are an expression of your level of awareness. If you let this fall into place in your mind, I think you're going to find that your awareness is blocked by paradigms. It's old conditioning that blocks the awareness. You've got to change the conditioning.

It is important that you understand this is to expand your level of conscious awareness —and that's all we're doing here is expanding your level of awareness in different areas.

A person doesn't earn \$100,000 a year because they want to earn \$100,000 a year. They earn \$100,000 a year because they are not ware of how to earn \$100,000 a month!

How do you expand your level of awareness? You do it through effective education combined with professional coaching over a reasonable period of time. You'll alter the conditioning and expand your level of awareness.

See, expanding your awareness is simply putting a bigger idea in the place of the smaller idea. Each time you do that you become more aware of how it's done.

Everything we are seeking is seeking us.

Environment is more important than heredity. You have to be very careful about he people you spend time with. If you don't want to live the way they are living , get away from them. You would be wise not to spend a lot of time with somebody who is in a bad vibration all the time.

Great students gather information very quickly. Great students always want more.

Class Eight - You've Already Got It Understanding Your Spiritual Perfection

There is perfection within you. It doesn't have to be modified. It doesn't have to be changed. It's there. All you have to do is let it come to the surface. When you stretch and go for something you really love that is beyond what you think you can do, you will find that you can perform a whole lot better than you used to think you could. You became aware that there is the ability within that you previously failed to recognize.

We operate on the idea that you ahem to get "it," whatever "it" is...to become whatever you want to be. You don't have to "get" anything. You've *got* it.

Science and theology teach us that all the power that ever was is always present in all places at the same time. That it is within me! It's ever present—all the power—all the knowledge. That's a big idea. Nothing is created or destroyed. Everything is made from the same thing: spirit/energy. Ask yourself, "Where do ideas come from?" "Where did the idea for the smart phone come from?"

The simple truth is that a person activated their imagination and originated the idea from the power that is continually flowing to and through us. That person was aware that if they could see it in their mind, they could hold it in their hand.

Just understand that you're a spiritual being. There is a power flowing to and through you and you can do whatever you want with it. And as it flows in, you choose thoughts. As you internalize those thoughts you alter the vibratory rate of the body. On a conscious level, as we become aware of the vibration we are in, we refer to that conscious awareness as *feeling*... "feeling" is a word we have invented to describe conscious awareness of vibration.

All failures in life are due to us taking sides with the finite—with what's going on outside. We see a limitation on the outside and so we think we can't have something different.

However, we can shift our focus to the to the inside and the success we want and believe that is possible for us. It doesn't matter what you want to learn... the way to do it is already here. If you are stuck, it's only because you're not aware of what's already here. Keep thinking... imagine whatever it is. See it completed. The way will come either through ideas you think or through another person. By seeing it completed you have flipped your mind onto the frequency that contains the way and it will be attracted to you.

This isn't *me*. You will never see the real me with your physical eyes. I am all knowing. I am all powerful. Part of me is everywhere because I am a soul. I don't have a soul. I am a soul. I am spirit. I am God's highest form of creation.

You can feel another person's presence even if they are on the other side of the world. If they are thinking of you and you are thinking of them and you are emotionally involved with their energy—you're in harmony with them, on the same frequency—then you will feel their presence. This is because there is no time or space in spirit. It's an illusion that there is. When it comes to the mind, there isn't any time or space.

There is no end to what you can do!! But you've got to step out and do it! What you've got to understand is that the way to do it is already here. All you need is some help.

Get *help!* Don't be afraid to ask for help. Humble yourself. Don't try to be the smartest person in town. You're not the smartest. There's always someone smarter. There are people who know how to do things that you don't know how to do. You can learn or get someone who knows how, as I did. But understand this too: we don't put ourselves down just because we don't know.

The accumulation of great fortunes calls for power, and power is acquired through highly organized and intelligently directed specialized knowledge, but that knowledge does not, necessarily, have to be in the possession of the person who accumulates the fortune.

All the power in the universe is 100 percent evenly present in all places at the same time. You've got it! You've got *all* the knowledge. Start asking yourself the right questions. The answers will be there.

If you set a goal and you know how to achieve it, you're not growing. You're going sideways! When you set a goal you should be setting a goal for something you have *absolutely* no idea how to do. The only prerequisite is: Do you want it? Do you *really* want it?

There is something inside of you that wants to become *one* with that which *is*, with God. That desire is going to cause you to grow. When you let that something inside of you express itself through you, you become very creative. You will want to start expressing your uniqueness as a human being.

Retirement is a bad idea—it's a pullback from life! If you have more money than you need, then you're not doing what you should be doing!

Money is just the vehicle. It's like the car that will get me home, the plane that will get me to where I want to go. Money is an instrument. It's an instrument that's used to express your uniqueness as a human being.

“God's gift to us is more talent and ability than we'll ever hope to use in our lifetime. Our gift to God is to develop as much of that talent and ability as we can in this lifetime.”

If you haven't decided what you want to do, forget about what you want to do. Ask yourself, “What do I *love* to do?”

What do you *really* love doing? We're going to get to the point where you're going to write your goal on a little card. You're going to realize it's not a big deal. Why make a big deal out of anything? It's a big deal because you don't know how to do it. If you're waiting until you figure out how to do it, you may never do anything. You just have to get going and help will come.

Class Nine - The Existing Model Is Obsolete Reprogramming Your Mind For Posttraumatic Growth

"There's posttraumatic stress and posttraumatic growth. How do you get involved with posttraumatic growth?"

There's a three-step approach to let go of the past and expect good in the future:

Number 1: *It is what it is—accept it.* It doesn't matter what has happened in your life. Either you're going to control it, or it's going to control you. It is what it is, accept it.

Number 2: *Harvest the good.* I love the word "harvest"—you can just see them bringing in the crops, you know? Harvest the good. There's good in everything and the more you look for it, the more you'll find. Harvest the good.

Number 3: *Forgive all the rest.* Forgive means to let go of it completely. Abandon. Just let it go. Quit dwelling on what's wrong. Forgive all the rest.

You don't want to complicate it. It is what it is. Accept it. It's either going to control you, or you're going to control it. Number two—harvest the good. Number three—forgive all the rest.

Do you know what forgiveness is? Forgiveness is for your benefit. You do something and I forgive you, that's for my benefit. I'm not doing it for you. I'm doing it for *me!* Forgive means to let go of completely.

People keep repeating their sad stories over and over. They just keep living the same sad stories. They keep repeating them. And you know what happened? If you keep repeating them, it's going to keep reoccurring, at least in your mind, if not in your physical world. You've got the ability to go wherever you want. You have the ability to choose.

You're a spiritual being. The way you use your intellect dictates your emotional state. Whatever we get emotionally involved with determines the vibration that we're in.

Forgiveness is a phenomenal concept. Like I said, it means let go completely. Forgive yourself. You can't change what you did. You know, there are many people who wander

around with tremendous feelings of guilt. Guilt and resentment are the most destructive emotions that anyone can experience.

Even if you did something deliberately wrong, let it go! And when it comes back into your mind, let it go again. If someone has done something to you, don't have any resentment, let it go. That doesn't mean you want to give them the opportunity to do it again. It's just that you simply can't hold bad thoughts in your mind and move in a good direction.

Forgiveness is one of the most liberating things you can ever do. Form the habit of not holding on to anything that is causing you to feel bad. Start loving yourself. Start respecting yourself. And have a healthy respect for what you are capable of doing.

Understand this: Carrying bad thoughts about anyone or anything is not doing anyone any good. It's sinful. It's destructive. And the price of sin is death. Now that doesn't mean they're going to bury you. But your bad thoughts may be burying your company. They may be burying your income. They may be burying your relationship or your friends.

Forgiveness will cause everything to grow. It will cause you to be healthier. It will cause your incomes to grow, your friends to grow, your business to grow. Just replace any thought of guilt or resentment with one of beauty, with one of plenty, with one of abundance.

See yourself where you want to be and then be there. Don't be in the past. Be *there!* Act like the person you want to become.

Class Ten - Our Most Powerful Force It Differentiates Us From A Pig Or A Horse

*Mind is the master power that moulds and makes,
And Man is Mind, and evermore he takes
The tool of Thought, and, shaping what he wills,
Brings forth a thousand joys, a thousand ills:—
He thinks in secret, and it comes to pass:
Environment is but his looking-glass.*

These words describe the Law of Thinking.

“The only thing about a man that is a man is his mind. Everything else you can find in a pig or a horse.”

Thinking is a very, very powerful form of energy. Thought waves are cosmic waves that penetrate all time and space.

Man is a progressive being, a creature of constant growth, before whom lies an illimitable ocean of progress to be navigated and conquered only by development and culture of his inherent powers. The progress of the individual is largely determined by his ruling mental state, because the mind is the basic factor and governing power in the entire life of man. Attention should be given to the pre-dominant mental state, for it will regulate the action and direction of all one's forces, faculties and powers, the sum total of which will inevitably determine many particular experiences and the personal fate.

The ruling state of mind is made up of various mental attitudes which the individual adopts towards things, events, and life in general. If his attitudes are broad in mind, optimistic in tone, and true to life, his predominant mental state will correspond and exhibits a highly constructive and progressive tendency. As almost all the forces of the personality function through the conscious mind in one way or another, and as the daily mental and physical acts are largely controlled by the conscious mind, it is obvious that the leading mental state will determine the direction in which the powers of the individual are to proceed.

Our inner faculties are where it really happens. It all beings inside.

Thought is a subtle element; although it is invisible to the physical sight, it is an actual force or substance, as real as electricity, light, heat, water or even stone. We are surrounded by a vast ocean of thought stuff through which our thoughts pass like currents of electricity, or fine streaks of light or musical waves. You can flash your thoughts from pole to pole, completely around the world many times in less than a single second. Scientists tell us that thought it compared with the speed of light. They tell us our thoughts travel at the rate of 186,000 miles per second. Our thought travels 930,000 times faster than the sound of our voice. No other force or power in the universe yet known is as great or as quick. It is a proven fact, scientifically, that the mind is a battery of force, the greatest of any known element.

The thinker is like the computer processor. When it is finely tuned, it works really, really fast. You can think. And what you think ultimately produces the results in your life. It's a law.

Yet to the naked eye, it just looks like a thing. But it's not a thing. The body is one of the most magnificent instruments on the planet. You live in one. It's what you think that is going to dictate what your body is going to do. We know that our actions produce our results. If we want to change our results, we have to change our actions. However, if you don't go to the thought, the actions won't change. Well, they might change temporarily, but believe me, the thoughts that you think repeatedly become fixed in your subconscious mind. And those are the thoughts that are going to determine what happens in your life.

Some think that we must deal with two forces; that is, to attract the good we must do away with the bad, but this is not true. For example; if we are cold, we do not work with cold and heat alike in order to get warm. We build a fire, and as we gather around that

fire we enjoy the heat that is extended from it and become warm. As we build up warmth, the cold disappears, for cold is the absence of heat. To be warm, we give our whole thought to those things which tend to create warmth; we ignore the cold in thinking of heat and bring forth heat. Prosperity and poverty are not two things; they are merely two sides of one and the same thing. They are but one power, rightly or wrongly used. We cannot think of plenty and then worry about the unfavorable conditions that may seem apparent. We think about plenty, and as we think of it, lack, its opposite, will become absorbed or disappear. All our thoughts must be directed to that one thing which we desire in order that our desire may be fulfilled. Our method is not manipulating two powers, not dealing with good and evil, right and wrong, prosperity and poverty, but as we follow the Law of Good and dwell upon that which is good we shall bring to pass all good things.

They ask about something they really want to do. The parent says, "Where is the money going to come from?" Of course, they don't know. So they're left with the impression that they have to give up their dream. And they let it go. Unfortunately, that is programmed into their mind at a very early age. That's called environmental conditioning and it is rampant. If we want something, for example, and we can't see where the money is going to come from, we're programmed to believe that we should forget about it.

As a result, when most people think of a goal, if they can't see how it's going to happen, they won't set the goal. They keep backing up until they've got it all planned out and then say, "OK, I think I can do this."

Well, that's not setting a goal at all. That's aiming for something that you already know you can do. But there's no inspiration in going after something you think you can do. You've got to go after something you *want*.

Now, you may wonder why I say setting a goal that you know you can do isn't really setting a goal. I say that because you have to think about *why* you're setting the goal in the first place. Are you setting the goal to get the car, to get the house, to get the job? *No!* You're setting the goal to raise your conscious awareness. That's really the purpose of a goal. It's to bring more of you to surface. And when you do, enjoy everything you do more.

When you set a goal that inspires you, it doesn't matter if you don't get support. You're turned on; it sets something on fire inside of you. It's the way to live!

Now, understand that when you're going after what you want, you will not know how it's going to happen.

If you can see it, then you can do it. How are you going to do it? Well, you'll be able to tell the person that *after* you do it. It's not all locked up in your intellect. It's locked up in faith. It's locked up in the belief that if you hold the idea in your mind, you'll move into the vibration that will attract it.

That's why you've got to understand the laws. You've got to understand your relationship to the laws. And you've got to know that you can do it. Where will the money come from? Wherever it is right now! You will attract it.

I've woken up every day and I think, *I can get more. There's more. I can understand more.* It keeps you jazzed. It keeps you turned on. It winds your stem every day when you wake up, because you know you're dealing with the infinite.

We're talking about your potential. You don't know what you can do. Nobody knows what you can do.

Dr. Michael Beckwith said, "Consciousness is being aware that you are aware." That's such a beautiful way of putting it. Consciousness is being about to truly think about what you are thinking about.

Class Eleven - How To Tell If You're Doing It Wrong Living In Harmony With The Universal Laws

Look at what Thomas Edison said:

I know the world is ruled by infinite intelligence. Everything that surrounds us, everything that exists, proves there are infinite laws behind it. There can be no denying this fact. It is mathematical in its precision.

Thought is energy. Thought waves are cosmic waves that penetrate all time and space. It's our thinking that controls the vibration of this body that we're living in. The vibration we're in dictates what we attract into our life.

If you are in harmony with the law, your life is going to keep getting better. If you're living by the law, you're going to continue to earn more, you're going to feel better and you're going to have more fun. It just keeps getting better. And if it's not getting better, you're violating the law. It's that simple. Don't argue with it.

Is the price of sin death? Yes. Absolutely. So you have to ask, what is death?

Death is the opposite of life. If life is growth, then death must be ungrowth.

The basic law of life is to create or disintegrate. Disintegrate doesn't mean that you're just going to disappear. It means you're either going ahead or you're going back.

The law says give and you shall receive. When you hold out your hand to shake another person's hand, you don't ask for their hand, you just hold out your hand and you get one back.

Now, if I go out and try and *get*, that's not going to work too well. If I'm out selling and I say, "I really want to help you," but I'm thinking, *I want some money. I hope I make the sale.* I am violating the law. I'm sending the idea on a conscious level that *I want to help you.* So it's a positive idea intellectually, but emotionally—heart to heart—*I want your money.* So he's hearing the idea *I want to help you,* but the feeling he's picking up is *I want you to help me.* So what happens? I set up a conflict in his mind. Positive idea on a conscious level, negative idea in the subconscious. He doesn't understand what he's picking up emotionally, but he's still picking it up, and it still impacts him.

You just want to fall in love with helping people. The amount of money you earn is always in direct relation to the amount of service that you render. This is all in harmony with the law.

Wallace Wattles, the author of *The Science Of Getting Rich*, devoted an entire chapter to the Law of Perpetual Increase. If you're going with the law, your results are going to keep getting better. Progress. Growth. When one good is realized, another desire for a greater good will develop. And then on to a higher state he's headed. You see, another and more glorious state will unfold. Your vision will urge you on and on. Hence, you'll discover the advancing life is the true life. The life that God intended you to live. It's supposed to keep getting better.

If your results aren't getting better, you're violating the law. You're going to lose. You're dying or your business is dying. That's the way it is. You're earning less money, you don't feel as good, you haven't got any energy, you're just sort of spent.

That should be a warning sign. You should think, *Wait a minute, what happened to me?* I must be violating the law. Just think of helping people. Get a big idea in your mind. Start to create. Feel good.

You should be happy with what you've got, but you should never be satisfied.

Dissatisfaction is a creative state. See, dissatisfaction is what keeps us reaching. What does the law say? It says bigger, better, faster. You want to do more. Is it to get it? No! It's to grow. Goals are not to get stuff. Goals are to grow. Getting is nice, but a side benefit is that the bigger the goal, the more alive you're going to become.

You are a spiritual being. You live in a physical body.

Where is spirit? Spirit is omnipresent. Well, what does that mean? Spirit is everywhere.

Everything moves. We live in an ocean of motion. Nothing rests. That wall is moving. It appears to be still but it's really not. A body in a coffin is moving. There's no such thing as dead. That's a false concept. The body in a coffin is moving. If the body isn't moving, how would it ever change to dust? See, if you picked up the remains and looked at it through a microscope, you'd see it moving.

Nothing is either created or destroyed; that just postulates the theory of life. There is no such thing as death. You moved into your body and you will move out of your body.

We're creative beings. We're created in the image of God.

But do you know what happened? We got the equation reversed. We created God in our image and now we're trying to figure out how He can be omnipresent.

Why would you get upset over finances? What is the point in that? Why would you get upset over anything? Why don't you just look at it—it is what it is, accept it. It's either going to control you or you're going to control it.

In *Think and Grow Rich*, Napoleon Hill says:

If you're one of those who believe that hard work and honesty alone will bring riches, perish the thought! It is not true! Riches, when they come in huge quantities, are never the result of hard work alone! Riches come in response to definite demands based upon the application of definite principles. Not by chance or luck.

So the demand would have to be on yourself. You've got to *demand* it of yourself. And then, you've got to follow the rules. You've got to work with the law.

“The start is what stops most people.”

This is not rocket science. This is getting really honest with yourself. Most people do not demand it of themselves. You've got to demand it. You've got to really apply this.

The Law of Compensation clearly states that the amount of money you earn will always, in all places at all times, be in the exact ratio to these three points: (1) the need for what you do, (2) your ability to do it, and (3) the difficulty there will be in replacing you.

You can always tell a person's level of understanding by their results. If the results aren't there, they don't know it's because they're not living in harmony with the law. I don't care what kind of story they give you. They don't know! And unfortunately, in most cases, they don't know that they don't know.

Solomon said, “With all thy getting get understanding.” There's only one way to get understanding. And that's through study.

There are many forms of study, but you've got to study!

I don't think we ever get it. I think we're always getting it.

I don't teach religion. But I do know something about the spiritual side of our life. Your essence is spirit, and spirit is always for expansion. It is never for disintegration. It is always for growth, always. Something in you wants to grow.

The second part of the Law of Compensation is that the amount of money you earn will always be in exact ratio to your ability to do it.

I'm difficult to replace, which is the third part of the law. But I *can* be replaced. There's no such thing as being indispensable.

*Take a bucket and fill it with water,
Put your hand in it up to the wrist,
Pull it out and the hole that's remaining,
Is a measure of how much you'll be missed.
You can splash all you wish when you enter,
You may stir up the water galore,
But stop, and you'll find that in no time,
It looks quite the same as before.*

If you start to get the idea that you are indispensable, your ego is taking over and you're really screwed. You're going in the wrong direction.

Class Twelve - The Only Limit On Power Tapping Into The Abundance Of The Universe

You've got to understand that the universe is abundant. You can go right back to the Upanishands, the most ancient writing there is. It says, "From abundance he took abundance, and still abundance remains."

Working with the law may be considered the same as taking the law into our lives and mind as a silent partner.

You've got to see yourself there first. You've got to act like you're already there.

Sixty-seven years before the life of Christ, Horace said, "*Nemo dat quod non habet.*" Freely translated that means "You cannot give what you haven't got." But the opposite of that is that you can give what you've got. If I've got it intellectually, I can share it with you intellectually. If I've got it emotionally, I can share it with you emotionally. The only thing I can't do is enjoy it on the physical or share it with you on the physical.

You see, that's where the problem is. We live through our physical senses. If it isn't there on the physical, you say, "Well, I haven't got it!" Oh yes I have. I can talk to you about it. I can feel it. I can share my feelings with you. It's just that it hasn't manifested in form yet.

Everything comes from the nonphysical. You work from a higher to a lower power.

If I'm working with electricity, I've got to work from a higher to a lower potential, don't I? If I try to go contrary to that, I'm going to be in trouble. The only limit on electricity is the limit that is placed on the form through which it flows.

Well, the only limit on *spiritual* power is the form through which it's flowing: *you*. Build a bigger idea and you'll experience a greater expression of the power. So you see a person walking around, no juice, no energy, they haven't got a very big idea. All you have to do is watch a person and that will tell you what's going on in their mind. Because the body is the instrument of the mind. The body expresses what's going on. When you see a person and they're lethargic and dragging themselves around, you know that they're bored. You know that they haven't got anything but bad ideas—if they're thinking anything at all!

A person who is thinking knows exactly where they're going. They're using their higher faculties: their reason, will, intuition, perception, memory and imagination.

Spirit is everywhere. It is everything. It is the highest part of our personality. What's the lowest? The physical. Now what's right in the middle? The intellect. It's through the intellect that we can tap in on a higher level and change things on a lower level.

You're hooked into everything in the universe. Your marvelous mind can tap in to the higher level—the spiritual. Focus on the nonphysical—see what you want. See yourself with it.

But we don't do that, do we? We go to the lowest level. We look at the bank account to see where we are financially. We go to the computer to see what our results are. What are you doing that for? Everybody does it. They teach you to do it.

When you see a large group of people going one way and only a few going the other way, follow the small group. You'll probably never make another mistake as long as you love. If you follow the masses, you're really going to be in a mess. The masses have no idea where they're going.

Class Thirteen - Dance 'Til It Rains

Transforming Your Thoughts Into Things

Why don't you act like the person you want to become? Why don't you act like the star who you really are? Because you're afraid of what *they* think.

You know when that started? When you were just a little kid. They said, "What would the neighbors think?" Who cares?! I found out what the neighbors think—they don't! Quit concerning yourself with what the neighbors think! Act like the person you want to become.

Ralph Waldo Emerson said, “There is no planet, sun, or star could hold you, if you but knew what you are.”

It’s what we feed into our subconscious mind, which is also the emotional mind, that dictates the vibration that the body moves into. The body being the instrument of the mind, the vibration dictates what you attract into your life. If you operate with a big idea—you see yourself operating with a very successful business and you see your things really flying—do you know what you’re going to do? If you keep that picture, you’re going to attract people who will make that happen.

But if you let the business control you and you complain about this person and that person and how bad things are, you’re going to repel anybody who’s got any speed on them at all, you’re going to attract more problems.

If you add heat to the water, it turns into steam, and the steam turns into air, ether or gas.

There’s no line of demarcation where it stops becoming one and starts to become the other. There’s no line of demarcation where it stops becoming water and starts becoming steam. It’s all hooked together.

They’re all frequencies. Just different frequencies. We call it steam because it’s on a different frequency. Where does it come from? Well, we bring it back—it comes from ether to the steam to the water, but get this, every line is hooked up to the one above and the one below.

We’ve got spirit. We’ve got the intellect and, voila, we’ve got the physical. Now let’s activate our intellectual faculties. One of them is reason. That gives us the ability to think. So let’s activate our reasoning factor and let’s tap in on a higher level. Where’s thought? Thought is omnipresent. Where’s spirit? It’s omnipresent. So we tap into our spiritual essence, pull our thoughts together and we build an idea.

Andrew Carnegie said: “Any idea that is held in the mind, that is emphasized, that is either feared or revered, will begin at once to clothe itself in the most convenient and appropriate form available.” If you hold the idea, it will move into form.

Do you know what love is? Love is resonance. It’s when the conscious, subconscious and body are all in love with one idea. It’s also called integrity. Your thoughts, feelings and actions are all lined up. So you just have to ask yourself, “What do I really love doing?”

Class Fourteen - The Only Source Of Supply Discover All The Secrets Of Success

Do you know what prayer is? It's not getting on your knees and saying, "God help me." That's making a noise on your knees. Prayer is the movement that takes place between spirit and form with and through us. We tap into the nonphysical and we create the physical.

You don't have to wonder where it's going to come from. There's only one source. Realize there's only one source of supply: infinite. I call that source God, you call it whatever you want—call it intelligence, universal intelligence, Allah—you raise your level of consciousness until you are one with it. Then you just perform the magic.

Keep in mind, everything in this universe that you can see with the naked eye, and everything you cannot see, is an expression of spirit.

Nothing happens by accident. The images you plant in your marvelous mind instantly set up an attractive force that governs your results in life. You must remember, though, that this process is equally as effective with positive images as it is with negative ones.

Although it is true that everything you will ever want is already here—if not in form, in substance—it is up to you to get into harmony with it. Since you do attract everything into your life by law, it would be a wise move on your part to begin forming the habit of thinking only of what you want, regardless of the conditions or circumstances you may presently find yourself facing.

Class Fifteen - The Magic Graphic Mapping Your Mind

We have sensory factors—we can see, hear, smell, taste and touch. And we have been programmed to live through these senses.

What we want to understand is that those sensory factors get us into a lot of trouble. They are given to us to help us communicate and correspond with our outside world. We are not meant to let them control our life.

You have **perception**. We know the world is round. At one point we thought it was flat. The world didn't change. It was our perception of it that changed.

Why wasn't I earning any money? Because I thought I couldn't earn any. I was letting the outside world control me. Your perception is your reality. You can change the perception of the business you're in. Change your perception of how you operate your business.

The **will** is another intellectual faculty.

When Dr. Wernher von Braun was asked by President Kennedy what it would take to build a rocket to take a man to the moon, he answered with just five words. “The will to do it.”

What is the will? The will is a mental faculty that gives you the ability to focus.

Do you know what the picture or image you’ve created in your mind does? It marshals the energy. It increases the amplitude of vibration, and the energy flow coming from you is increased dramatically. It becomes much more powerful.

Then you’ve got your imagination. It’s absolutely criminal the way we’ve treated our imagination and the way we were taught to do it.

“You see, the imagination,” Hill said, “is the most marvelous, miraculous, inconceivably powerful force the world has ever known. You can build castles in your mind.”

Think! You can do anything you want. You can do whatever you want. It’s the imagination. Use the imagination. Understand that that’s where everything starts for you. But when you get the picture in the imagination, don’t let it go. It’s direction for your life. It’s inspiration for you. It’ll keep you alive. It will give you juice all the days of your life.

Your intuition is one of your faculties. It’s a higher faculty and it’s in your conscious mind. It enables you to tune in to life on a subconscious, universal level. It enables you to pick up other people’s energy and translate it, so you know what they’re thinking. You don’t have to be with them, because this is not physical. They could be on the other side of the globe and you will still pick up their energy. You will feel it.

Then of course you have **reason**. That’s what gives you the ability to think.

And then we have the **memory**. There’s no such thing as a bad memory. There are only weak memories. Memory is a mental muscle that can be strengthened in exactly the same manner physical muscles are strengthened—through repetitious, perfect practice. Most people say practice makes perfect. The truth is perfect practice makes perfect.

You see, you’ve got the conscious mind, the subconscious mind and the body. The conscious mind is your thinking mind. That’s where your thoughts are formed—you can entertain thoughts there. The subconscious is the emotional mind.

So you build ideas and your dream in your conscious mind, you impress them upon your subconscious mind and what does that do? That has to be expressed through the body because the body is the instrument of the mind. So the body moves into action and produces a result.

Class Sixteen - The Only Thing You Can Control

Shifting From Reacting To Responding

How many of you know people who are constantly reacting to situations outside? They react to everything that's going on. They're not in charge of their life!

When you react, you put the situation or the person in control of you. When you respond, you stay in control. That's the difference between reacting and responding. That's not a big deal to learn, but I'm telling you that when you learn it, it is a big deal.

You've got to act or respond in a controlled way—a way that attracts what you want instead of what you don't want. When you react, you are attracting what you don't want.

We react because we've been trained to react. We let what's going on outside of us control of us. If we could stop and observe what's going on around us and stop reacting to it, we would be way further ahead. What happens when we change is we start to do that. We start to observe and not react and when we find ourselves going to react, we stop. We've got to first become aware of what we're doing. We don't change it right away.

You first have to become aware of what you're doing. You have to become aware that you're reacting to situations. Then you have to stop yourself. Something inside wants you to react. You're going to strike back. You're going to react. You've got to stop yourself from reacting and take control of the situation. Sometimes there will be no reaction on your part at all. You will not do anything. You will take no action. You just observe and let it go. This is not an easy thing to learn. But the compensation for learning it is astronomical.

Class Seventeen - Think Your Dreams Into Reality Thinking Your Dreams Into Being

*Pretend you're happy when you're blue
It isn't very hard to do
And you'll find happiness without an end
Whenever you pretend*

The conscious mind is inductive and deductive. In other words, the conscious mind has the ability to accept and reject but it also has the ability to just accept. The subconscious is totally deductive. In other words, it has no ability to reject. The conscious mind has the ability to choose.

There's a power flowing through you. There is only one thing you can control—and that's *you*. You have the ability to choose. You have the ability to accept or reject any idea.

Whatever you choose, and you impress, your subconscious mind must accept. It has absolutely no ability to reject. Your subconscious mind is totally deductive.

Now this is the part that you really want to try and grasp. Your subconscious mind cannot differentiate between what's real and what's imagined.

Your body is an instrument of the mind. When you build an image in your mind of what you want, you've got to understand that your subconscious mind cannot reject it. It is totally subjective. One hundred percent. And it cannot differentiate between what's real and what's imagined. It must accept it.

We can say, "I'm not going to accept that. I'm not going to think that. I'm not going to listen to that." We can just say I'm rejecting it and you could get rid of it.

But we don't do that. What do we do? We leave our mind wide open and it goes directly to our subconscious mind. Why do we do that? Because we're programmed to do it. That's where our paradigm is.

The baby's self-image is built at a very early age—before the baby even has the ability to think, before the conscious faculties have been formed. This child cannot even think and yet the baby is building a self-image—what the baby thinks of herself. The truth is this...the baby is having the self-image built for her and more often than not, the person building it is ignorant about human potential. You find a child who's raised with a lot of praise and that child's going to grow up very confident. You find a child who's raised with a lot of criticism, he's going to grow up very insecure. You can put whatever you want into the baby's mind. Put it in over and over and over.

If you had people around while you were growing up believing that it was difficult to earn money, odds are pretty good you believe that, too.

Class Eighteen - You Don't Need To Do It All The Power Of A Mastermind

"A man only begins to be a man when he ceases to whine and revile, and commences to search for the hidden justice which regulates his life." A strong person cannot help a weaker person unless that weaker person really wants to be helped, and even then the weaker person must become strong himself. He must, by his own efforts, develop the strength that he admires in another. No one else can alter his condition.

"Before you can be sure of your ability to transmute desire into its monetary equivalent, you will require specialized knowledge of the service, merchandise, or profession that you intend to offer in return for fortune."

You've got to have specialized knowledge if you're going to earn the money. And I didn't have any specialized knowledge. Poor me. I'm putting myself down. Until I stop putting myself down I was never going to get up.

"The accumulation of great fortunes calls for power and power is acquired through highly organized and intelligently directed specialized knowledge, but *that knowledge* does not, necessarily, have to be in the possession of the person who accumulates the fortune."

You need "highly organized and intelligently directed specialized knowledge." But here's the key to it—you don't have to have it. There are going to be people who will be able to help you. The whole idea is to put as much out there as you can. You just have to think of more ways to help people. You don't have to worry about what's going to happen to you. You will find that the universe will reward you in abundance.

You don't have to know how to do everything. I'm just very good at what I do, and I get others to do everything else.

Do you know what the definition of creativity is? No routine. It is the opposite of routine. Get out of a routine. And you can get people to help you.

A real mastermind is when everyone comes together and they're in harmony. It's about what you can give. If you go with that attitude—to give—you'll be amazed by what you get out of it.

Class Nineteen - It's Your Move

The Power Of Decision

They look at a problem, they see all the possible solutions, but they don't zero in on one. Until you zero in on one and take action on it, nothing happens.

"I'm going to do that as soon as... I find the money. I'm going to take that vacation... as soon as I find the money. I'm going to open another office... as soon as I find the money."

You're *never* going to find the money. You're always looking for what you think you need to get to where you want to go on the frequency of your thoughts. But it doesn't work that way. You're not going to find what you're looking for on that level. You've got to be courageous. You've got to step out and say, "I'm going to do this and I'm going to do it *now*."

The second you make the decision you flip your brain onto a different frequency and the appropriate thoughts start rolling into your mind. *That's* how it works!

The world's most successful people are all able to make decisions. Decision makers go to the top and those who can't make decisions seem to go nowhere.

It's not just your income that is affected by decisions. Your whole life is affected. The health of your mind and body, the well-being of your family, your social life and the types of relationships you develop are all dependent upon your ability to make sound decisions.

"How am I expected to develop this ability?" You have to do it on your own. The good news is you've already begun by thinking about and digesting the information that I am sharing with you right now. This is causing you to become more aware of the importance of making decisions.

Part of our problem is that we use the term "decision" so loosely that it has come to describe our wishes, not our commitments. Instead of making decision, we state our preferences. The word "decide" comes from the Latin *decidere*—the root *de-*, meaning "off," and *caedere*, meaning "to cut"—therefore, making a decision means cutting off from any other possibility. A *true decision*, then, means you are committed to achieving a result, and then cutting yourself off from any other possibility.

Committed decisions show up in two places: your calendar and your checkbook. No matter what you say you value, or even think your priorities are, you have only to look at last year's calendar and checkbook to see the decisions you have made about what you truly value.

Class Twenty - Work From The Higher To The Lower Leave Your Senses Out Of It

"God intended every individual to succeed. It is God's purpose that man should become great."

You become great by doing little things in a great way every day.

So you don't have to look for something really big. Start right where you are. Do your best at everything you do.

You were born rich. You have deep reservoirs of talent and ability within you. "The powers inherent within you are inexhaustible."

Napoleon Hill said, "An educated person is not, necessarily, one who has an abundance of general or specialized knowledge. An educated person is one who has so developed the faculties of his mind that he may acquire anything he wants, or its equivalent, without violating the rights of others."

But we're not taught to develop those faculties. We're taught to live by our five senses. We live from the physical up to the intellectual or the spiritual. You're letting the physical control the higher, but it doesn't work that way.

God works from the higher to the lower. Spirit always manifests from the higher to the lower, from the nonphysical to the physical. If you're going to live in harmony with the law, that's the way you're going to have to work. You're going to have to work from the thought to the thing, and not from the thing to the thought.

Remember, you have perception—that's the way you look at life, your will—that teaches you to concentrate, your memory. There's no such thing as a bad memory; you have perfect memory. You have reason—that's your ability to think—and you have intuition and imagination. These are all phenomenal mental tools. You can develop them to experience greater and greater success.

"Every man contains within himself the capacity for endless development."

"Advancement into all things is the Law's great purpose. By learning to work with the Law in promoting that aim, man may build himself into greater and greater success."

"What is the win for me in really studying these laws?" You're going to build yourself into a greater and greater success. You're going to earn more money. And it's easier.

Napoleon Hill said it takes no more energy to work for the big idea than it does for the small one.

What else can you expect? You're going to have more friends—better friends. You're going to live in a healthier body. You're going to enjoy your work more. You're going to do what you want to do. Live the way that you want to live.

"All the processes of Nature are successful. Nature knows no failures."

"She never plans anything but success."

"In her principles and laws we shall discover all the secrets of success. Infinite resources are at man's disposal. There are no limits to his possibilities."

Do you know that everything we've got that we take for granted is relatively new?

All of this happened just in the last century or so. And it has happened because we started to understand the law. Think of what you can do when *you* understand the law.

Higher faculties, remarkable talents, superior insight, and greater power are dormant in all, and by special psychological methods, these exceptional elements can be developed to an extraordinary degree for actual and practical use. Every mind can develop greatness. It is simply a matter of KNOWING HOW. True self-help, self-

discovery, self-knowledge, and the proper instructions in applying one's faculties and using one's forces will advance any person.

Practice will ensure efficiency; use will bring forth results. Success, therefore, is within the reach of every aspiring man. Do you wish to succeed? All you need is to gain a right understanding of the principles and laws upon which success is based, and then to apply the right methods of operating these causes until success is earned.

But you must earn it. There is no free lunch.

Class Twenty-One - It's Not About The Money Having The Freedom To Do What You Want

We want time and money freedom. Well, you will be amazed at how much free time you have when you never have to think about money. If you've got money problems, it consumes your time.

We want to have enough time to do what we want to do when we want to do it. And we want to have the money to be able to afford it.

Do you know that there's an infinite source of supply? All religion and all science have always taught that? When you're dealing with infinite, you can never take more than your share. There is an abundance for everybody.

"In times of change learners inherit the earth: while the learned find themselves beautifully equipped to deal with a world that no longer exists."

The people who get the degree, and think they have arrived, are wondering what happened. This world is changing. You've got to keep learning. It should be a part of your daily experience—the same as eating or taking a shower. It's got to be something we're doing all the time. If we do, we'll inherit the earth; we'll be happy, healthy and prosperous. If you stop studying, it all goes away. It's that simple.

Bill Gates said, "One thing is clear: We don't have the option of turning away from the future. No one gets to vote on whether technology is going to change our lives."

This is the deal. And you're either a part of it or you're not.

Financial success has a lot to do with being in the right place at the right time?

Well, there's something that's missing here. You've got to be aware that you're in the right place at the right time. The opportunities are always coming at us. If we're not aware, we miss them. Your results are an expression of your level of awareness.

Remember, every religion and all science teach us that everything we've ever wanted is already here. That being true, why don't we have more than we have? Because we're not aware of it. If you expand your level of awareness, your whole life will change.

You may be wondering how to expand your level of awareness. You do it through effective education combined with professional coaching over a reasonable period of time.

One of the key concepts to creating wealth is to understand that money is not the goal.

People will tell me that they want to make money. However, I know it is not money they are really after. It's the things that only can buy and the freedom of time to do what they really want. While you may think this is an insignificant difference, it is actually the reason so many people never become wealthy.

The wealthy know that money only works when it is in motion—not when it's sitting in a bank account. You must understand that wealth is an ongoing journey of growth and circulation, and if that circulation is stopped, then the flow money will cease.

While it may seem that there are many roadblocks on your journey to wealth, the only real obstacle is what you believe, think and feel about money. Wealthy people understand that you can achieve before you will see it happen in your life.

Does this mean that the wealthy have some special skill or knowledge? No—but they do possess some key characteristics that help them become wealthy.

The first of these characteristics is a willingness to listen to their own heart. If you could become wealthy by listening to the masses, then the masses would be wealthy. It is a natural tendency to ask the opinions of those we love or respect. Unfortunately, we listen to their comments and biases without taking into account the results in their own lives. How can anyone who has not accumulated wealth advise you on how to do it? They can't.

A second characteristic of the wealthy is the ability to act when opportunities present themselves. Opportunity is often imagined to be something that you can't miss or pass up. However, opportunity is often only a whisper that comes during some of the most trying times of life.

The wealthy also understand that wealth is an ongoing process. It is not a destination you arrive at one day and then stop. If you gain wealth before you have gained a wealthy mindset, then you are in danger of losing that wealth forever.

Those with a wealthy mindset do what they love—and make money at it. Often I see individuals who are seeking wealth like it's something outside that they have to search for. In reality, wealth exists within you. Those who are successful and create a great

deal of wealth do so because they are doing something they love. The money follows and is just a logical result of them realizing their dream. Money is not the dream.

Whether you grow up in the worst circumstance or have energy advantage, you have the exact same potential inside of you to create the life you want. Your life will never change until you believe that it can—believing is seeing.

Class Twenty-Two - Count Your Blessings An Attitude Of Gratitude Changes Everything

Make sure that you're grateful every day. I don't care what your situation is, there is something for you to be grateful for.

"Every morning think of ten things that you are grateful for." "When you get finished writing the ten things down, send love to three people who are bothering you."

Now most people have difficulty doing that. If someone is really bothering them, they send bad energy to that person. Don't do that, send love to them. The person who is bothering you has nothing to do with this. It's the vibration you're putting yourself in. You're putting yourself into a wonderful vibration by sending love to them.

Be quiet for five minutes and ask for guidance for the day.

"The whole process of mental adjustment and atonement can be summed up in one word, gratitude."

When you seem to be overwhelmed with problems, just stop whatever you're doing and block all of that stuff out. Then, think about all of the things that you have to be grateful for.

Be grateful for what you already have and you will attract more good things.

"The grateful mind is constantly fixed upon the best: therefore, it tends to become the best; it takes the form of character of the best and will receive the best."

Gratitude hooks you up with your source of supply. It literally puts you in harmony with your source of supply so that the good in everything will move toward you.

Class Twenty-Three - It's Time To Stretch Your Great Idea Whose Time Has Come

You don't *get* energy. Nobody gets energy. Everybody releases energy. It flows to and through us. *There's no shortage of energy.*

You'll see a person come home from work and say, "I just haven't got any energy." You know what their problem is? They're *bored*! Boredom is the absence of a creative idea.

I've *always* got a *big idea*. I go after goals I have no idea how we'll reach. But I know we're going to. And the fact that I don't know how to do it doesn't scare me. It turns me on.

"I am grateful for the idea that has used me." When you fall in love with an idea, you will be grateful for that idea because it will move you into action.

What ideas wind you up and make you want to move into action? If you're not sure, get quiet and visualize. Visualization is where everything starts. Everything begins with a picture. And the Law of Transmutation tells us that energy is always moving into form.

Everything you see right now all started as an image in somebody's mind. We always see the genius in somebody else, but never in ourselves. You are creative, powerful, innovative and you have genius locked up within you just waiting to be unleashed.

Ideas are useless if you don't take action to make them happen. But if you do, one good idea could change your entire life. It can change the world!

Unfortunately, almost all ideas are stillborn. People think about them but they die inside the person's mind.

It's the start that stops most people.

Stop letting your ideas die inside of you. Get help where you need it so they can be born. Dedicate your life to a worthy idea—an idea so big and exhilarating that you're grateful for the idea that has used you.